



Long Hair Policy

1. Purpose of the Policy

At Just Play Sports, the safety, comfort, and enjoyment of every child is our top priority. Long or loose hair can obstruct vision, cause overheating, or become entangled during activities. This policy ensures that all children can participate safely and confidently in every session.

2. Policy Statement

All participants with hair long enough to fall into their eyes, face, or onto their shoulders **must have their hair securely tied back** before taking part in any Just Play Sports activity.

3. Requirements

3.1 Approved Accessories

Participants may use any of the following:

- Soft hair ties
- Elastic bands covered in fabric
- Headbands or sports bands
- Clips that lie flat against the head

3.2 Items *Not* Allowed

For safety reasons, the following are not permitted:

- Hard plastic or metal hair accessories
- Decorative clips, beads, or barrettes that protrude
- Loose hair extensions that cannot be tied securely
- Hairstyles that obstruct vision

4. Responsibility

4.1 Parents/Guardians

- Ensure that children arrive at sessions with hair tied back and secured.
- Provide a spare hair tie in the child's bag where possible.

4.2 Coaches

- Conduct a quick visual check at the start of each session.
- Provide a spare soft hair tie when needed (subject to availability).
- Ask a child to tie back their hair before participating if it is unsafe.

4.3 Participants

- Are encouraged to keep hair tied back throughout the session.
- May be asked to leave the playing area temporarily until hair is secured.

5. Inclusivity & Sensitivity

Just Play Sports recognises and respects:

- Cultural and religious hairstyles
- Protective styles
- Sensory sensitivities or additional needs

If your child requires accommodations, please speak with a coach so we can support them appropriately.

6. Non-Compliance

If a child's hair cannot be tied back and poses a safety risk, they may be limited to certain activities or unable to participate until the issue is resolved. This is to ensure the safety of all participants.

Policy Written: 19th August 2026

Reviewed: 19th August 2027

Name: Jack Dillon

Position: Director

Signed: Jack Dillon